

*Presented by Kathy Falge and Stephanie Graf*

# Restorative Yoga

## ***Special New Year's Day Restorative Yoga***

January 1, 2019 / 3 - 5 pm / \$35

## ***Restorative Yoga Series***

Sunday afternoons - 3 to 5 pm

January 13 / January 27 / February 10 / February 24  
March 10 (bad weather make-up day if needed)

\$35 per session or all four \$120

Limited to 14. Must register in advance, contact Kathy at [katfalge@gmail.com](mailto:katfalge@gmail.com)

Satyana Yoga Studio / Paddock Arcade / Watertown